

Support and advice for students

As you face your own set of unique challenges, know that there is help and support for you.

Get access to resources at [rbc.com/youthcovid19](https://www.rbc.com/youthcovid19)

When you visit [rbc.com/youthcovid19](https://www.rbc.com/youthcovid19), you'll find helpful information about:

- CRA direct deposit for CERB or CESB through RBC® Online Banking
- The RBC Client Relief Program
- Government relief programs for youth
- RBC Future Launch @ Home
- FAQs with answers to many of your questions

Government benefits you may be eligible for – latest information, eligibility requirements and dates at [Canada.ca](https://www.canada.ca)



Canada Emergency Response Benefit (CERB)

- Eligible workers who have lost income due to COVID-19 may be able to receive a taxable benefit.



Canada Emergency Student Benefit (CESB)

- Eligible students who are ineligible for CERB or Employment Insurance but are unable to find employment due to COVID-19 may be eligible to apply.



Employment and international students

- International students working in an essential service may be able to work more than 20 hours per week. Check with your employer to determine if your work qualifies.

Setting up direct deposit

If you applied and are eligible to receive either the **Canada Emergency Response Benefit (CERB)** or the **Canada Emergency Student Benefit (CESB)**, you may want to set up direct deposit so you can access your money more easily. You can do so by logging in to the Canada Revenue Agency (CRA) site and simply registering directly through RBC Online Banking or the RBC Mobile app.

Your York University RBC On Campus team is here to support you.*

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on campus



RBC Future Launch at Home

Things may feel like they have come to a standstill but learning and connecting can continue with **RBC Future Launch at Home**.

RBC Future Launch at Home allows you to easily navigate through our partner hosted virtual skill development workshops, online learning modules, and mental well-being supports & services.

Virtual learning & mental well-being resources to help you stay well and stay ready.

Here are a few virtual program highlights:



Mental-health and well-being resources:

Both **Kids Help Phone & Jack.org** have created dedicated resources to help you take care of your mental well-being and look out for the people you love during this challenging time.

WE Well-being COVID-19 toolkit which hosts downloadable resources and tactics to nurture your well-being.



Skill development resources:

Register for the **McGill Personal Finance Essentials course**, created in collaboration with RBC Future Launch and The Globe and Mail.

Explore **Coders North** online 'learn to code' resources.



Virtual Networking & Mentorship resources:

Ten Thousand Coffees together with RBC Future Launch helps students at participating post-secondary schools build networks between peers, recent grads, and alumni.

STEM Fellowship connects students interested in the STEM field to academic support and peer counselling. Students are able to build a virtual mentor-mentee relationship that will provide career, life and academic coaching.



Guidance with employment search and work integrated learning:

CivicAction's Youth Connect program (created in partnership with LinkedIn Canada and others) uncovers new research and creates a roadmap for the skills you need to succeed. The program includes helpful guides on LinkedIn profile best practices, mock interview exercises, career exploration tools, and many more topics.

Riipen together with RBC Future Launch help prepare students for the future of work by bringing classroom concepts to life and increase access to practical work experience in a differentiated way.

RBC Future Launch at Home will add new opportunities hosted by our valuable partners on a regular basis.

Stay Well, Stay Ready at rbc.com/futurelaunchathome

